

First Aid Courses at Vale Park Community Centre, Vale Park, Wallasey, Wirral CH45 1LT

Free Family First Aid Saturday 22nd February 2020, 0930-1230 A life skills session to train you in baby, child and adult CPR, use of a defibrillator, managing casualties and what to do for a choking casualty.

Although the course is free we would ask for a £5 contribution to the hire of the room.

Emergency First Aid at Work Friday 13th March 2020, 0930-1630, £60

A nationally recognised and certificated Level 3 qualification aimed at, but not exclusively for, people in the workplace.

For further details please email 1staidolutionswirral@gmail.com or contact us on 07816 989207.