

KIT 3 - November



Thank you to all parents/carers who attended our Harvest Assembly and open afternoon. It was great to see so many of you in attendance. The children worked hard on the presentation of their workbooks and we hope you could see their efforts reflected. If you didn't manage to come, there will be another opportunity to see your child's books at your parents' meeting.

Coffee Morning and Workshop

Friday 3rd November 9-10 am

We were delighted to be joined again by Donna from the Mental Health Support Team. Donna gave information on the work the team does in school and ran a workshop, offering support and advice about 'Talking to your child about their Mental Health'.

If you were unable to join us on this occasion, look out for our next MHST event or speak with Mrs Craven to find out about how to access support.

Parent Meetings

Individual meetings with parents will be held during the week commencing 6th November. Letters have been sent home this week. Please ensure you return the reply slip stating when you would like to attend and your appointment will be confirmed by your class teacher. We are looking forward to seeing you all.

EYFS Open Day

Please encourage any local families with young children to drop in on

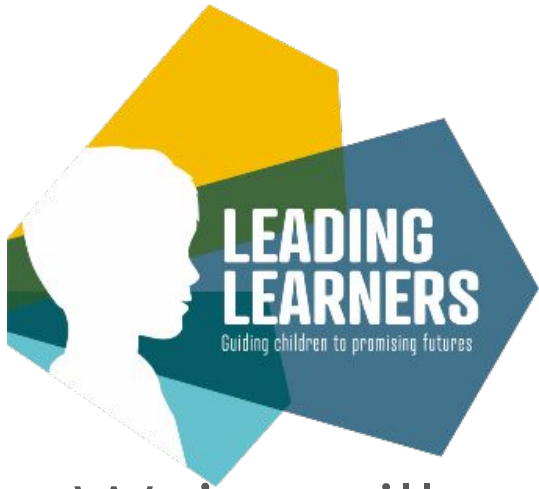
Friday 10th November

No appointment is required. We take children from their 3rd birthday.

Many visitors comment on a 'village like' atmosphere where all the children get to know each other, no matter what year they are in

BUT small pupil numbers = less government funding!

We could really do with seeing some growth ... get your children to tell their friends about how good our school is! If your friend's child is getting lost in a class of 30+, tell them about us - encourage them to pay us a visit!



Leading Learners Academy Trust

We're still working hard in preparation for joining the Leading Learners Academy Trust. A few legal obstacles have had to be overcome, but our latest provisional date to join is December 1st. We'll keep you updated.

Current Attendance 93.1% v Target 97%

As you can see, Sandbrook attendance is below our target of 97% and also down on last month. We want to get Sandbrook moving up the attendance tables, and we need your help to do this.

Term time holidays have a massive impact as do days off when children are only feeling a bit tired or poorly. Please use this guide [NHS Is my child too ill for school?](#) to help you. Children should be in school unless they have sickness and diarrhoea or a fever. We are no longer able to authorise absence for minor illnesses or 'not feeling well' days.

Healthy Snacks

At Sandbrook we promote healthy eating and encourage children to eat fruit and vegetables.

All children in nursery and key stage 1 receive a free piece of fruit each day as part of an NHS initiative.

Children in key stage 2 (years 3-6) can purchase a piece of fruit at break time at a cost of 20p. If you would rather supply your own healthy snack, please feel free to provide your own fruit, rather than fruit-based snacks.

Whilst 'fruit based' snacks are promoted as a healthy option, it is important to understand the ingredients. Sucrose and fructose syrup are types of sugar and we have seen examples of some snacks in school that have 15g of sugars per pack. This is a significant amount of sugar in one item as the NHS recommendations are:

Children aged 7 to 10 should have no more than **24g of free sugars a day** (6 sugar cubes).

Children aged 4 to 6 should have no more than **19g of free sugars a day** (5 sugar cubes).

Dates for your diary

w/c 6th November - Parents' meetings

Friday 10th November - EYFS Open Day

Friday 17th November - Children In Need Day

Monday 20th November - Flu vaccine (FS2 to Year 6)

Fundraising

Children In Need Day

Friday 17th November

Wear something spotty (from head to toe or just some socks!)

** £1 cash donation **

Profit from after school donut sales will also be donated



Macmillan Coffee Morning



Thank you to those parents that came to our coffee morning or bought cakes at the end of the day.

We managed to raise £50.40

Christmas Events

The planning has started ...

more detailed information to follow towards the end of November but if you want a preview, head over to our website calendar.