

Your Three Week Menu

Monday

Tuesday



Wednesday



Thursday



Friday



WEEK ONE

Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Apple Sponge and Custard

Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Chocolate Crispy Cake and a Fruit Wedge

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Filled Jacket Potato with a Selection of Fillings Served with Salad

Fruit Jelly and Fruit Wedge

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Cheese & Crackers

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Victoria Slice and Fruit Wedge

WEEK TWO

Pork/Quorn Sausages with Yorkshire Pudding, Mashed Potatoes, Seasonal Vegetables and Gravy

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Sticky Toffee Pudding and Custard

Pasta Bolognese/Vegetable Bake with Garlic Bread and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Chocolate Muffin and a Fruit Wedge

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Banana Custard

Hot Chicken/Quorn Wrap with Savoury Rice, Homemade Sauce and Seasonal Vegetables

Filled Jacket Potato with a Selection of Fillings Served with Salad

Fruit Salad

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Melting Moment and Fruit Wedge

WEEK THREE

Pork/Quorn Sausage and Bacon, Scrambled Egg, Hash Browns and Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Fruit Crumble and Custard

Ham, Sweetcorn and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Iced Chocolate Sponge Cake

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Filled Jacket Potato with a Selection of Fillings Served with Salad

Fruit Jelly and Fruit Wedge

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Fruit Platter

Cheese & Tomato Pizza Chips and Garden Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Ginger Biscuit and Fruit Wedge

Available every day – Unlimited salad, fresh fruit platter, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

