

**7th May 2021****Summer 1 Week 4****Special Points of Interest**

- Covid Safety
- Appointments
- Lottery
- Swimming Y5/6
- Eatwell Plate

DATES FOR YOUR
DIARY

Lottery Winner*This could be you !*

This weeks winner
was a member of
staff—Mrs Try

Next week it could
be you. Join now.

Swimming Y5/Y6

Children in year 5/6 will have received a letter informing them of swimming lessons at Calday pool weeks commencing 17th and 24th May. Please make sure children follow the instructions on the letter sent home i.e. come to school swim wear ready—changing rooms will only be available after their swim. Please ensure your child has their towel and change of underwear with them every morning.

Year 5

Information has been sent home regarding entry into Wirral Grammar Schools for Sept 2022. If you wish for your child to take the 11+ examination please register your interest by 31st May.

School Lottery

Lottery—be in it to win it

Support our School Fund Lottery
Log onto YourSchoolLottery.co.uk
- then search for Sandbrook
Primary. Enter your details to
register, and set up your direct
debit. School receive a portion
of all funds received, this could
provide extra resources in your
child's classroom.

Medical Appointments

If your child has a medical
appointment, they need to be
in school and collected from
reception for the duration of
the appointment only, plus any
travelling time. Please bring a
copy of the appointment card
for our records.

This week's class attendance

FS2	1/2	3/4	5/6
84.4%	87.0%	96.4%	96.7%

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Every day in school
makes a difference
to your child's future.

#EVERYDAYCOUNTS

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Now that we are back into a more normal routine in school, I thought it would be a good time to start thinking about returning to our normal expectations for lunchboxes.

The image above is the Public Health England's Eatwell Plate. It shows the proportion of food groups needed for a healthy diet and healthy meal. Schools have a duty to promote, encourage and support children to make healthy lifestyle choices.

We will be using the Eatwell Plate to help children in school understand what a healthy diet is. It would be helpful if you could talk about the Eatwell Plate at home as well.

You may notice that the sweet treats are not part of the Eatwell Plate. They are not recommended for every meal so we would ask that these items are saved for your meals at home. Our policy is to ask children to save any sweets or confectionery items like chocolate bars for home-time.

Fruit yoghurt with low sugar is a healthy dairy option. Chocolate or caramel yoghurts with lots of sugar are not and would count as a treat item not a dairy item.

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