

PSHE Year B

Year 1/2

Autumn

Similarities and differences

This topic explores and celebrates the similarities and differences between people, exploring and encouraging ways to value and respect difference and diversity.

- Recognising strengths and respecting differences
- Strengths abilities and stereotypes

Spring

Families and committed relationships

This topic explores the importance and diversity of families, and the characteristics of healthy, positive family relationships.

- The importance of family
- The diversity of families

Summer

Coping with change

This topic explores how people grow and change from babies, through puberty to adulthood.

- Growing and changing
- Growing up and setting goals

Y3/4

Autumn

Similarities and differences

This topic explores and celebrates the similarities and differences between people, exploring and encouraging ways to value and respect difference and diversity.

- Valuing and respecting one another
- Identity and diversity

Spring

Families and committed relationships

This topic explores the importance and diversity of families, and the characteristics of healthy, positive family relationships.

- Different types of committed relationships
- Families and other relationships

Summer

Coping with change

This topic explores how people grow and change from babies, through puberty to adulthood.

- Coping with feelings when things change
- Puberty and hygiene

Autumn

Similarities and differences

This topic explores and celebrates the similarities and differences between people, exploring and encouraging ways to value and respect difference and diversity.

- Celebrating strengths and setting goals
- Respectful behaviour online and offline

Spring

Families and committed relationships

This topic explores the importance and diversity of families, and the characteristics of healthy, positive family relationships.

- Healthy, committed relationships

Summer

Coping with change

This topic explores how people grow and change from babies, through puberty to adulthood.

- Puberty and emotions
- Coping with emotional effects of life changes
- Transition for Year 6 will also be covered