

Sandbrook Primary School

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11th June 2021

Dear parents and carers

Relationships and Health Education (RHE) Relationships and Health Education (RHE) is an important part of our school commitment to provide pupils with the knowledge and skills to keep themselves safe, make healthy choices, develop respect for themselves and others, and form positive and healthy relationships.

The government guidance for Relationships and Health Education (2019) outlines statutory learning outcomes for all primary-aged pupils. To deliver our curriculum, we use the Discovery Education Health and Relationships Programme to support us in meeting these outcomes through dedicated lesson time, in addition to cross-curricular learning through the science curriculum and whole school assemblies. The programme lessons progress from year 1 to year 6 with activities and videos to make learning engaging and enjoyable for our pupils, as well as developing their learning and understanding in an age-appropriate way.

You can see an overview of the content for all year groups in the attached document. In line with DfEE guidance, teachers will answer any questions from pupils in an age-appropriate and factual way, without personal bias or judgement. All teachers will have boxes in their classrooms where pupils can post questions anonymously if they wish. Questions will be answered in one of the following ways: by providing an answer to the whole class; by giving an individual answer to a pupil, or, on rare occasions, by contacting parents if we feel the question would be better handled in the home setting. Any questions that give rise to concerns of a safeguarding nature will be handled in line with our published safeguarding policy.

Please feel free to contact us if you have any questions or comments about the school's approach to this important, statutory area of learning.

Kind regards

Mrs H Craven

TEAM Sandbrook – Striving Together for Excellence



