# Summer starts here...

Jesting, testing...

Don't forget to keep up your twice weekly COVID-19 testing, if you're aged 11+. Collect test kits from wirral.gov.uk/mobiletesting

#### Holiday Activity Fund

Find out more about holiday activities available this summer. <u>edsential.com/</u>holidayactivityfund2021

### Life's a beach

We all love a trip to the beach but remember to check tide times, don't go out too far in the water, and keep away from sinking mud. If you see someone in trouble at the coast, dial 999 and ask for the Coastguard.

## Road safety 101

Take extra care when roads are busy - always use crossing points where they are available to help you cross safely. If you're getting about on two wheels, don't forget your helmet and safety checks!

## Keep talking, keep connected

No matter what you're going through, you don't have to struggle with your worries on your own. There are trusted teams ready to help:

Children & Adolescent Mental Health Services 0800 145 6485 Response 0151 666 4123 Childline.org.uk or 0800 1111 Kooth.com

Many families have had a tough time recently. If you are struggling with money matters visit <u>wirralinfobank.co.uk</u> for information about the support available across Wirral.

In an emergency always call 999 Remember let's enjoy summer safely



