

Sandbrook Primary School

Headteacher: Ms Temple

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3rd February 2017

Dear Parent

We are providing a new confidential counselling service that will be available to all children in our school.

We find that most of our children want to talk about everyday things such as a fall out with friends, upset about pets, bereavements or a change in their life. We believe that parents are the most important adults in a child's life, so the school counsellor will always encourage them to talk to you about their worries as well. While school counselling is a confidential service we recognise the need for parents to be involved in helping their child make the choice about seeing the school counsellor.

All pupils will have the opportunity to talk to our school counsellor Andrew Price who is registered member of the British Association for Counsellors and Psychotherapists (BACP). He will be available in school Mondays and will be happy to see any pupil who wants to discuss issues that concern or worry them.

There are two types of help available, the first is an informal drop in for children in KS2 and the second is regular 1:1 sessions available for both KS1 & KS2 children.

The drop in is available for KS2 children to talk and share any concerns. The 'Talk and Share' is a self-referral service for children to meet the counsellor during a specified time. They will be able to post a note into the Share & Talk box requesting a drop in session. If parents of KS2 children are not happy for their child to make use of this service they can withdraw consent by filling in and returning the form below. If this is not received it will be assumed that you consent to your child speaking with the counsellor during the drop in.

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The second type of help will be a series of weekly 1:1 Therapy sessions, each lasting 40 minutes. The school in consultation and agreement with you and your child will facilitate this if it is felt it would help your child. The counsellor or teacher will contact you to discuss things with you before seeing your child. Please note that for 1:1 counselling there may be a waiting list so your child may not be seen immediately. For this service the counsellor will only see children whose parents have given specific consent for their child to be seen 1:1.

It is useful to be aware that if the need arises the counsellor is there to help you and your child work through things. The counsellor will be happy to answer any queries you have about the service.

Yours sincerely

Mrs K Daniels-Jones
SENCO / KS2 Lead

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Talk & Share non-consent slip

I do not give consent for my child to see the counsellor in Talk & Share time.

Child's Name: ----- Class: -----

Parents Signature: -----

Date: -----